

<https://doi.org/10.2196/medinform.201109.2026ed2316> <https://pubmed.ncbi.nlm.nih.gov/40110926/> <https://www.euro.who.int/en/press-releases/2023/09/who-recommends-against-monthly-menstrual-cycle-tracking-apps>

[2] <https://www.comprensivovr11.it/puntoedu/calendar/month/2023-09?month=2024-05>